

# Elderfit NEWS

*Pooling Together for Good Health*



On June 16th, this great group of Elderfit friends met for the Spring Luncheon at the Riverport Community Center. The lunch was buffet style with many delicious choices - prepared by the Center's Auxiliary.

We had a wonderful time sharing stories and catching up. But the highlight of the event was Lynne and Ella, who dressed up as Maudie and Maggie and went table to table teasing and sharing laughs - culminated by Maudie throwing off her dress behind a sheet and displaying her stunning new bikini! She posed attractively (you had to be there) for her appreciative audience! Maggie had brought samples of the many bells she has collected and offered them to attendees to take home!

Ella was the winner of the 50/50!

Donations to Souls Harbour Rescue Mission were collected in honour of our dear Maggi; the total donated was **\$900!!!** Thanks to everyone who helped support this local charity!

**We love you, Maggi!**



**Left to right:**

**Mayor Carolyn Bolivar-Getson, Ella, Lynne, Marilyn, Brenda, Deputy Mayor Sandra Statton**



**During Volunteer Month in 2021, the Elderfit Board chose Brenda Fancey and Marilyn Branson as longtime volunteers to recognize. Their celebration was postponed by MODL because of Covid. In April, 2022 the Board nominated Ella Rafuse and Lynne McDormand as our special volunteers. Their services were all celebrated together at the Best Western! All of these ladies not only volunteer for Elderfit, but for other important local nonprofits as well. Congratulations to Instructors Brenda, Ella, Lynne and Board Director Marilyn! We all appreciate your dedication to Elderfit and your commitment to our program!**

***Heartfelt appreciation to everyone who volunteers for Elderfit!***

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